



WRSB Newsletter

WOLVERHAMPTON RHEUMATOLOGY SUPPORT GROUP

Charity No 1041181

CARING IS SHARING

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Coffee Mornings

At The Connaught Hotel,

44 -50 Tettenhall Road

Wolverhampton

WV1 4SW

Doors open 09.50.

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Monday 13 April 2026

Today we welcome

Wiltshire Farm Foods

We are going to be treated to a tasting session of foods they deliver to your home.

Monday 11 May

Today we look forward to a visit from our Vice President

Dr Tochukwu Adizie.

Some of you may have already met Dr Adizie in the Rheumatology department.

Monday 02 March

We welcomed Janet Haley who came to talk about Community Support regarding Act of Energy Warmer Homes. They have been in operation for 26 years giving free advice information and guidance.

Warmer Homes is a government scheme giving

the eligible people £150 per year towards energy bills.

Winter payment is a separate scheme and should have already been received. Also, there is a home insulation scheme, authorised traders would be sent to you for the initial look.

Smart Meters, if not working correctly, radiators may need bleeding, you could be charged for a replacement. Economy 7 does not work on a smart metre, you do not have to have a Smart Meter, it is your choice. Boilers can be upgraded if you receive pension credit.

Electric blankets, draft excluders may be supplied free. You can ring 0800 988 288 to arrange a home visit if you wish to advice on what you may be useful and or available to you, and to assess the efficiency of your home. Alternatively you can give your details to Jan Simpson and she will

forward them on your behalf.

Tuesday 19 May 2026

Enjoy an outing to **Monkland Cheese and Dairy Farm** in Hereford for a tour around cheese making, followed by cheese tasting session.



£15 to members

£20 non- members

£5 non-refundable deposit

There is a café on site where you can either purchase coffee and cake or pre order at £5.50 per person. This is optional and not included in the above prices.



The pick up times for this are;

Bilston Prouds Lane –

8.30 a.m.

The coach will arrive 10 mins early to allow for passenger to board.

Connaught Hotel – 8.45 a.m.

Wednesday 17 June 2026

**Kingston Black and
White Trail**



This day out includes a 40 mile tour of various area's along the way, Leominster, Kington, Weobley, Hereford, exploring timber – framed, black and white medieval villages, with a stop in one of the villages where you can have a walk around, Here you can buy lunch or take your own packed lunch.

£20 to members

£26 to Non members.

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**£10 non -refundable
deposit.**



The pick- up times have yet to be determined they will be based on how many places we need. We can either fill our own coach (40 – 49) or for lesser number join other groups to fill a coach.

Stay Safe Everyone

Jan Simpson

Chairperson / Editor

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